Community Workers

This week, we will learn about the people in our neighborhood and community that help us stay safe and healthy.

Word of the Week

community
A community is a group of people living or
working in the same area.
Use the Word of Week at home.
You might say: The playground in our community
is a good place to get together with friends.

Community Helpers

When you see an ambulance, fire truck, police car, or trash truck during your car rides, name the vehicle and ask your child to name the community workers inside of it. Point out that these workers are community helpers. Their job is to help people and keep the community safe and clean.

What's My Address?

Invite your child to go with you to get the mail in your mailbox. Point out the numerals on the mailbox and explain that they help the mail carrier know which house (or apartment) belongs to you. Help your child read the numerals on the mailbox and check to be sure they match the address written on the mail. Read and compare the numerals on neighbors' mailboxes.

More Words to Know

coach
librarian
mail carrier
number line
nurse
store clerk
teacher

Left and Right

Putting on shoes is a great way to reinforce the concept of left and right. Draw half of a happy face inside each shoe. Have your child position the shoes correctly before putting them on. Your child will see the happy face smile if the shoes are in the correct position. Say "left foot, left shoe" as your child puts on the shoe.

Bake Cookies

Bake cookies for the firefighters at the local fire station or the police officers at the local precinct. Pick out two or three cookie recipes and show them to your child. Discuss the ingredients to decide which recipe the community workers might like best. Encourage your child to make a thank-you card to go with the cookies. Deliver the special treat.