

Welcome to Pre-K!

My School



This week, children will be introduced to their classroom, their teacher, their classmates, and to the school campus. By the end of the week, children will begin to feel right at home in their new school family. To help us get to know your child better, please complete and return the “Getting to Know Your Child” questionnaire. We are looking forward to an exciting year together!



Each week, we will be learning many new words.

We will focus on one special word each week called our “**Word of the Week.**” We will use this word many times during our classroom day. Try using this word at home, too. You might say to your child: *Can you tell me the names of some of your classmates? What did you do at school today with your classmates?*

Word of the Week

classmates • compañeros de clase
Classmates are members of the same class.

This first week of school will be very exciting for your child with so many new things to learn including new school routines. We will be talking about routines your child does at home to get ready for school, such as getting dressed, eating breakfast, and brushing teeth. Review with your child how he or she gets ready for school. Ask: *What do you do first? Next? Last?*

We will also learn new school routines that will be a part of your child’s daily experience with his or her School Family. These routines will include:

- Uniting together during the morning **Greeting Circle**
- Exploring at **Practice Centers**
- Listening to **Read-Aloud** stories
- Exploring new **Math** ideas
- Dancing and singing during **Music and Movement**
- And so much more!

Our special classmate is Fanny Frog.

She is a lovable frog puppet that children will interact with daily during their classroom experiences.



S.T.A.R.

Smile
Take a deep breath
And
Relax

Throughout the year, your child will learn calming strategies.

These strategies will help your child learn to manage feelings and deal with them in appropriate ways. Review S.T.A.R. breathing with your child: *Take in a deep breath by inhaling through your nose as if smelling a flower. Then pretend to blow out a candle as you exhale and let the air out.*

Coming Next Week: We will learn about our amazing bodies!

Getting to Know Your Child

Dear Family,

Welcome to Pre-K! We are excited that your child is joining our School Family. We would like to get to know your child better so we can better meet your child's needs.

Child's Name: _____

Who is in your family?

Name: _____ Relationship: _____

Name: _____ Relationship: _____

Name: _____ Relationship: _____

Name: _____ Relationship: _____

Name: _____ Relationship: _____

Name: _____ Relationship: _____

Name: _____ Relationship: _____

What language is your child most comfortable speaking? _____

What language(s) does your family speak at home? _____

Has your child been to school before? _____ If yes, please describe the experience:

What is the best way to share information with you?

email: _____ phone call: _____

text: _____ mail address: _____

What do you do to calm your child when he or she is upset? _____

What is your child's favorite food? _____

What is your child's favorite color? _____

What activities does your child most enjoy? _____

Does your child have any allergies? _____ If so, what? _____

What goals do you have for your child this year? _____

