

Home Activity Calendar

Theme 1 At School

	Day 1	Day 2	Day 3	Day 4	Day 5
Week 1 Focus Question <i>What happens at school?</i> Wow Words	Have your child draw a picture of something that happens at school. Label the picture together. challenge	Invite your child to help sort the junk drawer and tell how sorted groups are alike. considerate	Sing songs, chant rhymes, and play games. Include family names in the songs, rhymes, and games. disturb	Ask your child about classroom rules. Compare how they are the same and different to rules at home. commotion	Talk with your child about this week's Wow Words. Ask: "Why is it important to keep things tidy?" tidy
Week 2 Focus Question <i>How do we learn at school?</i> Wow Words	Talk about what your child is learning at school. Ask: "What is one thing you do to learn at school?" explore	Get up and move in patterns with your child. Start a clap/stomp/clap/stomp pattern and invite your child to join in. discover	Help your child to name an activity that starts with the same letter as his or her name. Ask: "Do you like to do that?" responsible	Ask your child questions about school, such as: "What do you want to learn more about?" alert	Talk with your child about this week's Wow Words. Ask: "When is it important to be careful?" careful
Week 3 Focus Question <i>How do we get along with others at school?</i> Wow Words	Make paper bag puppets and act out scenes to help your child practice ways to get along with others. cooperate	Play "Copycat!" Create a simple pattern with household items. Have your child copy the pattern. share	Help your child find locations that have the letter N in their names. Use a map or travel magazine for inspiration. fair	Get your child moving with a game of "Simon Says." assist	Talk with your child about this week's Wow Words. Ask: "What emotion have you felt at school? What does that look like?" emotion
Week 4 Focus Question <i>What makes a good friend?</i> Wow Words	Trace your child's hand. Have him or her tell five ways to be a good friend. Write an idea on each finger. respect	Make patterns with items while doing activities, such as setting the table and putting clothes away. kind	Play a word game. Give clues about words that start with W. Have your child guess the word. appropriate	Talk about empathy and kindness. Role-play ways to show empathy and kindness. patient	Talk with your child about this week's Wow Words. Ask: "When did you show courage?" courage

Theme Library

Reading with your child every day is a powerful way to support learning and development. You may wish to choose a few of these theme-related books to read at home:

- Chicka Chicka Boom Boom** by Bill Martin Jr and John Archambault
- David Goes to School** by David Shannon
- The Kissing Hand** by Audrey Penn
- Llama Llama Misses Mama** by Anna Dewdney
- The Night Before Preschool** by Natasha Wing
- Peanut Butter and Cupcake** by Terry Border
- Rainbow Fish** by Marcus Pfister

MyDIGPreK.com

Log into MyDIGPreK.com to interact with your teacher and other families and to access the online eBooks and activities for this theme:

- *The Letter People ABC's eBook*
- Letter People games, songs, and eBooks for Mr. N and Ms. W
- "At School" and "I Like You" action rhymes

Home Activity Calendar

Theme 2

All About Me

Day 1

Day 2

Day 3

Day 4

Day 5

Week 1

Focus Question
What makes us special?

Wow Words

Create a book with your child about ways he or she is special.

unique

Count objects around your home with your child. Touch each object as you count.

creative

Go on a scavenger hunt. Look for food packages with the letter *P* on them.

athletic

Sing "I Am Special" with your child while you do the motions together.

appreciate

Talk with your child about this week's Wow Words. Ask: "When are you *persistent*?"

persistent

Week 2

Focus Question
How are families the same and different?

Wow Words

Look at photos of your family and friends together. Invite your child to tell how people are the same and different.

belong

Help your child practice matching objects one-to-one, such as one plate per person, as you set the table.

calm

Mr. H's hair makes him happy. Have your child name things that make him or her happy.

boisterous

Use visual reminders to help your child focus as he or she completes routines, such as getting ready for bed.

comfort

Talk with your child about this week's Wow Words. Ask: "How can I *support* you?"

support

Week 3

Focus Question
How do our senses help us?

Wow Words

Make muffins together. Ask: "What do the muffins look like? How do they smell? How do they taste?"

munch

Make two groups of objects. Have your child count and tell which group has more.

observe

Mr. M has a munching mouth. Play a munching game, naming things you like to munch.

examine

Encourage your child to identify his or her favorite healthy food offered at each mealtime.

aroma

Talk with your child about this week's Wow Words. Ask: "What *textures* do we have around the house? How do they feel?"

texture

Week 4

Focus Question
How can we keep ourselves safe?

Wow Words

Have a home fire drill with the family. Practice leaving the house quickly and gathering at a safe location.

safety

Make a favorite meal together. Talk about the steps using the words *first, second, and third*.

equipment

Go on a letter hunt in the kitchen. Have your child find food packages with the letter *A* on them.

cautious

Help your child develop an awareness of others' feelings. Talk about ways to help a friend who is sad.

distract

Talk with your child about this week's Wow Words. Ask: "Who do you *admire*? Why?"

admire

Theme Library

Reading with your child every day is a powerful way to support learning and development. You may wish to choose a few of these theme-related books to read at home:

Dinosaurs, Beware! A Safety Guide by Marc Brown and Stephen Krensky

The Family Book by Todd Parr

I Can Be Safe: A First Look at Safety by Pat Thomas

I Like Myself! by Karen Beaumont

I Love Saturdays y domingos by Alma Flor Ada

The Listening Walk by Paul Showers
My Five Senses by Alikei

Whoever You Are by Mem Fox

MyDIGPrek.com

Log into MyDIGPrek.com to interact with your teacher and other families and to access the online eBooks and activities for this theme:

- Letter People games, songs, and eBooks for Ms. P, Mr. H, Mr. M, and Ms. A
- "I'm Glad I'm Me" and "Five Little Senses" action rhymes
- Interactive eBooks and activities for *Match-Up Fun*, *I Learn with My Senses*, and *I Keep Myself Safe*

Home Activity Calendar

Day 1

Day 2

Day 3

Day 4

Day 5

Week 1

Focus Question
What are the places in our community?

Wow Words

Point out different places in the community. Have your child tell what is special about each place.

community

Have your child choose two objects from a mystery bag. Ask: "Which is taller?" and "Which is shorter?"

bustling

Mr. B loves buttons! Go on a button hunt. Help your child describe each button's color, size, and shape.

neighbor

Ask your child to tell where things belong using words such as *up*, *down*, *on top of*, and *behind*.

interact

Talk with your child about this week's Wow Words. Ask: "Can you show me how to *dash*?"

dash

Week 2

Focus Question
Who are the people in our community?

Wow Words

Point out the people in the community who help you, such as a firefighter or veterinarian.

rescue

Develop your child's body coordination by kicking a ball around outside. Say "Kaboom!" when the ball is kicked.

serve

Ms. K is kind. Remind your child to be kind like her by saying "Please" and "Thank you."

contribute

Talk with your child about this week's Wow Words. Ask: "When were you a *champion*?"

champion

Week 3

Focus Question
How can we help our community?

Wow Words

Talk about simple ways to help in your community, such as picking up trash and helping a neighbor.

volunteer

Mr. D loves to dance! Put on some music and do a dazzling dance with your child!

dazzling

Help your child to use logic to compare the temperature of things by asking: "Is the _____ hotter than the _____?"

prance

Talk with your child about this week's Wow Words. Ask: "What project can we *collaborate* on together?"

collaborate

Week 4

Focus Question
What is the world community?

Wow Words

Attend a cultural program or event. Talk about how it compares with the traditions of your home culture.

greet

Ms. F is fond of her funny feet. Have your child tell his or her own feature that he or she is fond of.

fancy

Do exercises together that get your child moving forward, backward, up, and down.

fabulous

Talk with your child about this week's Wow Words. Ask: "Where do you see *diversity*?"

diversity

Theme Library

Reading with your child every day is a powerful way to support learning and development. You may wish to choose a few of these theme-related books to read at home:

Bear About Town by Stella Blackstone
Career Day by Anne Rockwell

Houses and Homes by Ann Morris
Ordinary Mary's Extraordinary Deed by Emily Pearson

Say Hello! by Rachel Isadora
What If Everybody Did That? by Ellen Javernick

Whose Hat Is This?
by Sharon Katz Cooper

MyDIGPreK.com

Log into MyDIGPreK.com to interact with your teacher and other families and to access the online eBooks and activities for this theme:

- Letter People games, songs, and eBooks for Mr. B, Ms. K, Mr. D, and Ms. F
- "My Town" and "Park Helpers" action rhymes
- Interactive eBook and activities for *Let's Compare*

Home Activity Calendar

Day 1

Day 2

Day 3

Day 4

Day 5

Week 1

Focus Question
Why is it important to stay healthy?

Wow Words

Together, make a list of the ways your family stays healthy. Have your child act out these healthy routines.

cozy

Play "How Many?" Give each player an equal pile of cards. Each player names *how many* on each of his or her cards.

soothe

Play the game "Mr. O's Opposites" with your child. Say or do something and have your child do the opposite.

smidgen

Encourage your child to use creativity in daily tasks, such as picking up all the red toys first.

fret

Talk with your child about this week's Wow Words. Ask: "What makes you *shiver*?"

shiver

Week 2

Focus Question
What food is good for us?

Wow Words

Make a healthy snack together, such as fruit and cheese skewers. Talk about why the snack is a healthy one.

tasty

Hold up one, two, three, four, or five fingers. Have your child show the same amount with small objects.

colossal

Mr. C's cap is colossal. Have your child draw a regular object, like a cup, in colossal size and tell what he or she would do with it.

nibble

Develop your child's reasoning skills. Help your child compare meals. Ask: "Which meal was healthier? Why?"

energetic

Talk with your child about this week's Wow Words. Ask: "What kind of foods do you like to *gobble*?"

gobble

Week 3

Focus Question
Why should we exercise?

Wow Words

Try an exercise rhyme with your child and get moving!

enthusiastic

Make a counting bottle. Ask your child to choose a number and then put that many objects in a plastic bottle.

vigorous

Look for the letter E in your house. Each time you or your child finds one do a jumping jack.

active

Have your child demonstrate his or her favorite exercise. Then exercise together.

sprint

Talk with your child about this week's Wow Words. Ask: "When do you like to *amble*?"

amble

Week 4

Focus Question
Why should we stay clean?

Wow Words

Talk about how staying clean keeps us healthy. Together, count to 10 as you both wash your hands.

groom

Ms. Y's favorite color is yellow. Have your child find things that are yellow and count them.

sparkling

Show your child how to make a Y with your body. Ask your child to demonstrate Ms. Y's yodeling yawn.

grubby

Encourage your child to use Ms. Y's favorite word *yes* instead of *no* when answering your requests.

thrive

Talk with your child about this week's Wow Words. Ask: "When must you act *gently*?"

gently

Theme Library

Reading with your child every day is a powerful way to support learning and development. You may wish to choose a few of these theme-related books to read at home:

Does an Elephant Take a Bath?
by Fred Ehrlich, M.D.

Don't Let the Pigeon Stay Up Late!
by Mo Willems

From Head to Toe by Eric Carle

Germ's Make Me Sick!
by Melvin Berger

How Do Dinosaurs Get Well Soon?
by Jane Yolen

The Vegetables We Eat
by Gail Gibbons

Yoko by Rosemary Wells

MyDIGPreK.com

Log into MyDIGPreK.com to interact with your teacher and other families and to access the online eBooks and activities for this theme:

- Letter People games, songs, and eBooks for Mr. O, Mr. C, Ms. E, and Ms. Y
- "Be Healthy" and "Exercise!" action rhymes
- Interactive eBooks and activities for *Counting at the Zoo* and *Let's Eat!*

The Earth, Our Home

Home Activity Calendar

Day 1

Day 2

Day 3

Day 4

Day 5

Week 1

Focus Question
How is the Earth important to us?

Wow Words

abundant

Take an Earth walk and explore the plants and the animals you see.

swirl

Use play dough and toothpicks to make spheres, cubes, and rectangular prisms with your child.

goeey

Have your child name things that Mr. G might eat and begin with the g sound.

gloomy

Encourage your child to button, zip, snap, buckle, or fasten while getting dressed.

disaster

Talk with your child about this week's Wow Words. Ask: "What disaster needs cleaning up?"

Week 2

Focus Question
Where on Earth do different animals live?

Wow Words

enormous

Talk about your child's favorite animal and where it lives. Go online to learn more about it.

scorching

Go on a shape hunt for cones and cylinders, such as cans. Talk about how they are the same and different.

lush

Have your child name animals or animal parts that begin with T, such as *tiger* and *tail*.

scamper

Invite your child to paint with watercolors or clean water. Paint a picture or the house!

soar

Talk with your child about this week's Wow Words. Ask: "What animals soar in the sky?"

Week 3

Focus Question
How does the weather change through the year?

Wow Words

frosty

Chart the weather for a week with your child. Count sunny and rainy days at the end of the week.

drench

Play "I Spy" with solid shapes around the house. Give clues about a shape you see and have your child guess what it is.

glisten

Have your child name noises that have the letter S in them, such as *sizzling*. Have your child add motions to the sounds.

blustery

Invite your child to talk about fears or sadness and to pick out and wear a pair of super socks to help with those feelings.

sizzling

Talk with your child about this week's Wow Words. Ask: "What makes a sizzling sound?"

Week 4

Focus Question
How can we take care of the Earth?

Wow Words

pollute

Talk about ways to take care of Earth. Have your child draw a picture.

destroy

Give directions that help your child understand position words, such as *in front of* or *next to*.

neglect

Make a rainbow collage with the letter R. Find and cut out the letter from newspapers and magazines.

recycle

Practice persistence with your child by doing an art project with three to four steps.

protect

Talk with your child about this week's Wow Words. Ask: "How can you protect living things?"

Theme Library

Reading with your child every day is a powerful way to support learning and development. You may wish to choose a few of these theme-related books to read at home:

Cactus Hotel by Brenda Z. Guiberson

A House Is a House for Me by Mary Ann Hoberman

I Love Our Earth by Bill Martin Jr and Michael Sampson

Our Big Home: An Earth Poem by Linda Glaser

The Turning of the Year by Bill Martin Jr

What Does It Mean to Be Green? by Rana DiOrio

MyDIGPreK.com

Log into MyDIGPreK.com to interact with your teacher and other families and to access the online eBooks and activities for this theme:

- Letter People games, songs, and eBooks for Mr. G, Ms. T, Ms. S, and Mr. R
- "Earth" and "The Seasons" action rhymes
- Interactive eBooks and activities for *Solid Shapes*, *Our Earth*, and *What Is Weather?*

Home Activity Calendar

Day 1

Day 2

Day 3

Day 4

Day 5

Week 1

Focus Question
What grows?

Create a book with your child about how much he or she has grown!

Wow Words

curious

Tell adding stories as you set the table for meals.

transform

Make a large Z on the ground with chalk or tape. Say "Zipi Zap! Zoom!" as you walk on it.

agree

Have your child act out things that grow, such as a tree or a vine.

disagree

Talk with your child about this week's Wow Words. Ask: "What ridiculous thing is funny?"

ridiculous

Week 2

Focus Question
What do living things need?

Go on a walk and find examples of living and nonliving things.

Wow Words

gasp

Tell adding stories as your child plays with toys. Have your child tell how many toys in all.

impossible

Have your child find capital and lowercase /s in books and magazines.

harm

Play board games to emphasize for your child the important skill of taking turns.

tiny

Talk with your child about this week's Wow Words. Ask: "What is tiny? What is huge?"

huge

Week 3

Focus Question
What do plants need to grow?

Plant a houseplant together and talk about what it needs to grow. Have your child help take care of it.

Wow Words

mystery

Tell adding stories during daily activities. Have your child draw a picture of the story as you tell it.

sprout

Ms. V loves vegetables! Have your child name his or her favorite vegetables.

brilliant

As you read together, explain the meanings of unknown words. Use those words in conversation.

variety

Talk with your child about this week's Wow Words. Ask: "What plants grow to be gigantic?"

gigantic

Week 4

Focus Question
How do animals grow and change?

Make a matching game with photos of baby animals and their parents. Talk about how animals grow.

Wow Words

delicate

Tell an adding story. Have your child show how many in all with objects, such as pennies, buttons, or beads.

flutter

Together, make up a tongue twister with words that begin with L, such as: "Lucy Lou licked lemon lollipops."

hilarious

Do a silly dance to build your child's large motor muscles!

giggle

Talk with your child about this week's Wow Words. Ask: "When you are lively, how do you act?"

lively

Theme Library

Reading with your child every day is a powerful way to support learning and development. You may wish to choose a few of these theme-related books to read at home:

Charlie the Caterpillar by Dom DeLuise

I Am a Living Thing by Bobbie Kalman
Is It Living or Nonliving? by Rebecca Rissman

A Ladybug's Life by John Himmelman
One Bean by Ann Rockwell

Planting a Rainbow by Lois Ehler
Underground by Denise Fleming

MyDIGPreK.com

Log into MyDIGPreK.com to interact with your teacher and other families and to access the online eBooks and activities for this theme:

- Letter People games, songs, and eBooks for Mr. Z, Mr. I, Ms. V, and Ms. L
- "Five Little Speckled Frogs" and "I Grow" action rhymes
- Interactive eBooks and activities for *It All Adds Up*, *Living Things Are Everywhere!*, *The Mystery Seeds*, and *The Life of a Butterfly*

Home Activity Calendar

Day 1

Day 2

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Day 5

Week 1

Focus Question
What is science?

Wow Words

study

Together talk about things scientists study. Choose one thing to learn more about.

Go on a shape hunt to find triangles, circles, and ovals in everyday objects.

mighty

Talk about Ms. U's unusual umbrella and other unusual things you might see in the air.

unusual

Talk about new experiences and how they relate to past experiences your child has had.

wonder

Talk with your child about this week's Wow Words. Ask: "What is an ancient thing?"

ancient

Week 2

Focus Question
What do scientists do?

Wow Words

investigate

Be scientists together and observe something closely. Write about what you notice.

Challenge your child to recognize and count rectangles and squares around the house.

expedition

Play "Mr. Q's Questions." Think of something. Then have your child ask questions to find out what it is.

fascinating

Encourage your child to be like Mr. Q and ask questions politely using the word *please*.

inquire

Talk with your child about this week's Wow Words. Say: "Tell me about a surprise that was revealed."

reveal

Week 3

Focus Question
How are objects the same and different?

Wow Words

record

During bath time, let your child experiment with safe objects to see which sink or float.

Cut shapes out of paper and talk about how they are the same and different.

predict

Ms. J says, "Just listen!" Have your child sit still and listen to the sounds around him or her. Talk about the sounds heard.

consider

Draw large shapes with chalk outside and give your child directions, such as: "Hop inside the circle. Stand outside the square."

evidence

Talk with your child about this week's Wow Words. Ask: "What do you like to gather?"

gather

Week 4

Focus Question
How can objects change?

Wow Words

alter

Do simple experiments together to show change, such as boiling and freezing water.

Create a picture with your child using only shapes. Name the shapes as you work together.

inflate

Ask your child to tell you how Mr. X is different. Talk about appreciating differences.

combine

Talk with your child about this week's Wow Words. Ask: "What experiment should we try?"

experiment

Theme Library

Reading with your child every day is a powerful way to support learning and development. You may wish to choose a few of these theme-related books to read at home:

- Change It! Solids, Liquids, Gases, and You** by Adrienne Mason
- I Use My Science Tools** by Kelly Hicks
- Oliver** by Judith Rossell
- Spectacular Science: A Book of Poems** selected by Lee Bennett Hopkins
- What Is a Scientist?** by Barbara Lehn
- What Makes a Magnet?** by Franklyn M. Branley
- Who Sank the Boat?** by Pamela Allen

MyDIGPreK.com

Log into MyDIGPreK.com to interact with your teacher and other families and to access the online eBooks and activities for this theme:

- Letter People games, songs, and eBooks for Ms. U, Mr. Q, Ms. J, and Mr. X
- "Twinkle, Twinkle Little Star" and "I'm a Little Teapot" action rhymes
- Interactive eBooks and activities for *Look for Shapes, Tell Me All About It, and Watch What Happens!*

Home Activity Calendar

Day 1

Day 2

Day 3

Day 4

Day 5

Week 1

Focus Question
How does technology change our lives?

Wow Words

dim

Together, take a survey of how technology affects family members. Help your child record responses.

At meals, take turns telling take-away stories using the food on your plates. (ex: "I had six beans. I ate one. How many are left?")

huddle

Week 2

Focus Question
What was life like 100 years ago?

Wow Words

machine

Point out things around the house that people long ago did not have. Discuss how they lived differently.

Make a letter zoo. Help your child find or draw pictures of animals with the letters G to L in their names.

progress

Week 3

Focus Question
How do we travel from place to place?

Wow Words

travel

Discuss ways family members travel, such as riding a bus, train, or subway.

Sing the alphabet song together. Make up motions to go with the song.

destination

Week 4

Focus Question
Where does our food come from?

Wow Words

product

While you shop for groceries, talk about where the different foods come from.

Go on a scavenger hunt in your pantry to find foods that have the letters T to Z in their names.

provide

Talk with your child about this week's Wow Words. Ask: "What startled you?"

startled

Help your child learn to set and meet realistic goals, such as picking up toys.

unexpected

Talk with your child about this week's Wow Words. Ask: "How do you get around obstacles?"

obstacle

Walk together somewhere and talk about the exercise you get from walking.

improve

Talk with your child about this week's Wow Words. Ask: "Where would you like to go on a journey?"

journey

Encourage your child to solve his or her problems independently.

roam

Talk with your child about this week's Wow Words. Ask: "What things expand?"

expand

Give one- and two-step directions to help your child focus attention and follow directions.

process

Theme Library

Reading with your child every day is a powerful way to support learning and development. You may wish to choose a few of these theme-related books to read at home:

- Alphabet Mystery** by Audrey Wood
- The Bus for Us** by Suzanne Bloom
- The Construction Alphabet Book** by Jerry Pallotta
- The Falling Flowers** by Jennifer B. Reed
- Machines at Work** by Byron Barton
- The Magic School Bus Gets Programmed** by Joanna Cole
- On the Go** by Ann Morris
- Pizza at Sally's** by Monica Wellington

MyDIGPreK.com

Log into MyDIGPreK.com to interact with your teacher and other families and to access the online eBooks and activities for this theme:

- Letter People games, songs, and eBooks
- "Jack and Jill" and "The Wheels on the Bus" action rhymes
- Interactive eBook and activities for *How Many Are Left?*